



# #Be A Buddy 5K

Visit [www.theparkerfoundation.com](http://www.theparkerfoundation.com)

for more information

Saturday, November 9th, 2019

**9:00 AM Start**

West Melbourne Community Park (Field of Dreams)



### TIME TABLE:

**Friday, November 8<sup>th</sup> 10:00 AM – 6:30 PM**

Packet Pickup & Registration at **Running Zone**  
3696 N. Wickham Road, Melbourne, FL 32935

**Saturday, November 9<sup>th</sup> – West Melbourne Community Park (Field of Dreams Park)**

3000 Minton Road, Melbourne, FL 32935

8:00 AM Packet Pickup & Registration

8:45 AM Late Registration for 5K ends

9:00 AM 5K Start

10:15 AM Free Kids Run will begin!

\*Awards Ceremony immediately following the race

### AWARDS:

M-F: **Top 2 Overall**

M-F: Top Masters (40+)

M-F: Age Groups (**Top 2 in each age group**):

10 & Under	30 – 34	55 – 59
11 -14	35 – 39	60 – 64
15-19	40 – 44	65 – 69
19-24	45 – 49	70+
25 - 29	50 – 54	

Fastest Team, Largest Team and Most Team Spirit!

*Register online at [secure.runningzone.com](http://secure.runningzone.com)*

**Sorry No Refunds.**

**To Benefit:** The Parker Foundation and Bullying Prevention in Brevard County: The Parker Foundation provides free resources to children with Autism Spectrum Disorders (ASD) and related disabilities and their families through funding education, sports and arts programs. Our #BeABuddy 5K celebrates our bullying prevention initiatives, empowers our Peer Buddy Program, and unites the community in a campaign to keep all youth safe from bullying.

### RACE AMENITIES:

- **Cool Race Shirt** (or save \$5.00 with the No Shirt Option)
- **Finisher Medals**
- **Post-Race Family Health and Fitness Expo** highlighting local vendors and sponsors
- **DJ/Entertainment**
- **Post-Race Local Food and Beverages**
- **Win Prizes**

### FEES:

	Until 11/1	11/2 - Race Day
Adult 5K Run/Walk	\$35.00**	\$40.00**
Youth 5K (Under 16)	\$20.00**	\$25.00**
*Kids Run (8 and under)	FREE	FREE

**\*\*SAVE \$5.00 with the No Shirt Option**

**\*If any Youth would like to receive a bullying prevention themed Finisher Medal and a T-shirt, they must register for the 5K Youth Run/Walk (Under 16 years old). Youth are all welcome to run or walk the 5K and will receive a Finisher Medal and T-shirt that can be worn and treasured all year! We are hosting a Free Kids Unity Dash after the 5K is completed (around 10:15 AM) at the Start/Finish Line for kids over a fun 200-yard distance just near the Start/Finish Line Area. If the Youth 5K Registrant would rather only participate in the Dash, we will make sure they receive their Finisher Medal and T-Shirt at the Finish Line or the Race Registration Tent!**

## #Be A Buddy 5K OFFICIAL ENTRY FORM

Make check payable to: The Parker Foundation

Mail completed entry form to: The Running Zone, 3696 N. Wickham Road, Melbourne, FL 32935



First: \_\_\_\_\_ Last: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email address: \_\_\_\_\_ Phone: \_\_\_\_\_

Sex:  Male  Female Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age on Race Day: \_\_\_\_\_

Team Name: \_\_\_\_\_ (Minimum of 5 Team Members)

Shirt Size (circle):  YM  YL  YXL  Adult S  Adult M  Adult L  Adult XL  Adult XXL

No Shirt Option (\$5 discount)

### INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED

In consideration of my entry being accepted, I intend to be legally bound, and hereby for myself, my heirs, and executors, waive all rights and claims for damages which may hereafter accrue to me against the sponsors, officials, volunteers, and supporters of this race and any representatives, successors, or assigns for any and all damages or injuries which may be sustained and suffered by me in consideration of my association with an entry or participation in the #Be a Buddy 5K event. If I should suffer injury or illness, I authorize the officials of the race to use their discretion to have me transported to a medical facility, and I take full financial and legal responsibility for this action. I attest and verify that I am physically fit and have my physician's permission to participate in this race. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, or any other record of this event for any purpose of the event whatsoever. I have read the above release and understand that it presents a risk of physical injury, knowing this I am entering this event at my own risk.

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
SIGNATURE OF PARENT FOR THOSE UNDER 18

\_\_\_\_\_  
DATE