



Health First Health Plans and Running Zone Foundation welcome you to the 15th Annual Running Zone Foundation Race Series. This year's Series offers seven fun and family-friendly events including three 5Ks, one 3K and three 2 milers. We offer these shorter distances to promote participation among both walkers and runners of all ages and abilities.

And, knowing that being part of a team can provide a sense of camaraderie and extra encouragement, we also offer awards in two team categories for each race as well as the overall Series.

Our **Team Challenge** lets any five friends, family members and/or co-workers enjoy the fun of competing together against other teams in the same category.

The **School Team Challenge** provides fitness and increased self-esteem for those 14 and under. More than 1500 children in elementary and middle school participated last season and Running Zone can help your school develop a walking or running program for your students. Parents and teachers can form an open team under the school name.

Team division details appear later in this brochure or can be found in the Running Zone Race Series section of our website at RunningZone.com/Series

Our 2019-2020 Series offers:

🔥 FIRECRACKER 5K, Thursday, July 4th at the Front Street Civic Center (7:00 am)

- American Flags & red, white & blue popsicles to all finishers
- Free Li'l Firecracker Kids' Run with Zippy the Gecko
- Special awards to the top 3 Male & Female Heroes (Military/Fire/ Police)!
- Light breakfast after the race
- New this year! Beer to celebrate the 15th year!
- Most Patriotic Costume Contest
- Benefits EFSC Collegiate Veterans Society
- **Random giveaway of a \$500 Visa Card to fuel your Great American Road Trip!**



🍷 TAILGATE 2 MILER, Sunday, August 18th, The Avenue Viera (7:00 am)

- Fun Tailgate Awards
- Tailgate Party with pizza, wings & BEER from Pizza Gallery & Grill, & 28 North Gastropub
- Zippy the Mascot to lead the Kids' Run
- Benefits Viera High School Athletic Department
- **Autographed Football giveaway**
- **Random giveaway of \$500 NFL Package (\$250 Ticketmaster Gift Card & \$250 Spending Money)**



🦎 GHOSTLY GECKO 5K, Saturday, October 26th at the Eau Gallie Civic Center (6:30 pm)

- Best Halloween Costume Contest for adults
- Separate Costume Contest for KIDS!
- Halloween Trick or Treat Bags to all finishers
- Fun Ghostly Gecko Awards
- Free Li'l Goblins Kids' Run with Zippy the Gecko
- Food & Beer provided after the race at Squid Lips!
- Awards ceremony will be at Eau Gallie Civic Center at 7:45pm
- Benefits Eau Gallie High School Health & Wellness Academy
- **Random giveaway of an iPad**



🔔 JINGLE BELL 2 MILER, Saturday, December 21st at the Satellite Beach Library (5:45 pm)

- Santa Hats to all Series registrants
- Jingle Bells for everyone's shoes
- Best Holiday Costume Contest & Fun Stocking Awards
- Free Santa's Little Helper Kids' Run with Zippy the Gecko
- Santa arrival on Fire Truck
- Cookies provided by Long Doggers!
- **And also NEW!** Long Doggers Beer to celebrate the 15th year!
- Benefits Satellite High School running programs
- **Random giveaway of a Smart TV!**



🐻 BREVARD ZOO'S BEAR BUSTLE 3K, Saturday, February 8th at the Zoo

- 7:00am Start - **MUST complete course under 20 minutes**
- 7:35am Start - **Choose for more leisurely pace**

- Check out Zoo animals during the Run/Walk
- 50% Off Admission to the Zoo for all participants on Race Day*
- Fun Bear awards
- Li'l Bear Kids Run with Zippy the Gecko
- **New this year!** Beer to celebrate the 15th year!
- Breakfast catered by Double D's BBQ
- Benefits Brevard Zoo
- **Random giveaways: \$500 Disney Gift Card & Annual Zoo Membership!**



* Must show participants race number for discounts to Zoo

🏴‍☠️ PIRATE PLUNDER 2 MILER, Saturday, April 4th at Meg O'Malley's (6:30 pm)

- Best Pirate Costume Awards
- Fun Pirate Awards
- Free Li'l Pirate Kids' Run with Zippy the Gecko
- Great Pirate Party by Meg O'Malley's after the race including food & beer
- Benefits Palm Bay Magnet High JROTC
- **Random giveaway of \$500 Royal Caribbean Cruise gift card!**



🦎 RUN FOR THE GECKO 5K, Saturday, May 9th at Wickham Park Community Center (7:00 am)

- 17th Anniversary Celebration Party
- Birthday Cake for all finishers
- Beer for finishers (21 & older)
- Free Kids' Run with Zippy the Gecko!
- Benefits Harmony Farms
- **Random giveaway of \$500 Spa gift card!**

Amenities

Our series races provides participants with an exceptional experience including:

- Series awards of \$10,000 in prizes & gift cards
- Plenty of fluids along course and finish area
- Split clocks at each mile and directional markers
- 1/2 mile, 1/4 mile, 200 meters & 100 meters signs to finish line
- Electronic timing with immediate results
- Personalized receipts with gun, net & split times
- Finisher certificates & finish line video
- Special appearance by Zippy, our gecko mascot
- Photo booth with props and free downloadable photos
- Free hi-res photos & event highlight video
- Unique race themed awards
- Great post-race party & new this year, beer for 21 years+

Series Awards

Overall Male & Female	\$1000 CASH & Free Entry to the 2020-2021 Race Series
2nd Place Overall Male & Female Winners	\$500 CASH & Free Entry to the 2020-2021 Race Series
3rd Place Overall Male & Female Winners	\$350 CASH & Free Entry to the 2020-2021 Race Series
Top Male & Female Masters Winners	\$250 CASH & Free Entry to the 2020-2021 Race Series
Age Group Male & Female First Place	\$100 Gift Certificate to Running Zone
Age Group Male & Female Second Place	\$50 Gift Certificate to Running Zone
Age Group Male & Female Third Place	\$25 Gift Certificate to Running Zone
Team Awards: 1st, 2nd & 3rd Place Plaques	
School Participation Awards: 1st, 2nd & 3rd Place Plaques	

Registration

Please use the back page of this brochure to register for any of Running Zone Foundation Race Series races. Registration is also available online at RunningZone.com/Series. Day of race registration opens 1 hour before all races. Late registration closes 10 minutes before each race begins. Award ceremony will begin immediately following each race.

Please mail all registration forms to:
Running Zone, 3696 N. Wickham Road, Melbourne, FL 32935
Please make checks or money orders payable to: Running Zone

2019-2020 Series Finisher Medal

Finish ALL 7 races in the series and receive an awesome series medal at the finish line of Run for the Gecko 5k!



Please use the EXACT registration information when registering for each race in the Series. (i.e. Robert vs. Rob or Bob vs. Bobby)

Start A Team

Being a part of a team can be very rewarding. All you need is a minimum of 5 people (1 person of the opposite sex) that want to be part of the team. Everyone on the team saves \$5.00 on the entry fees and you may be able to start training together for one or all of the upcoming races.

Team Competition

Gather your family, friends and co-workers! Teams must participate in at least four series races to be eligible for the series award.

Awards will be given to the top three teams. Each team consists of at least five members with one of the members being the opposite sex.

School Team Challenge: (Elementary and Middle Schools Only)

An award will be given to the top three elementary or middle schools that have the largest participation. The School Team Challenge applies to each race as well as the series. Schools must participate in at least four series races to be eligible for the series award. Students only count towards participation challenge. Parents and teachers can form an open team.

(No Team Race Day Registration)

Eligibility

Series races are scored for runners and walkers in all age categories. Participants in the series must run a minimum of FOUR series races to be eligible for the series awards.

Standard Race Series Age Divisions

8 & Under	9-11	12-14	15-19	20-24	25-29
30-34	35-39	40-44	45-49	50-54	55-59
60-64	65-69	70-74	75-79	80+	

Scoring & Points

The first 10 runners/walkers overall will receive 100, 90, 80, 70, 60, 50, 40, 30, 20, 10 points in the open competition.

The first 10 Masters (40 years and older) runners/walkers overall will receive 100, 90, 80, 70, 60, 50, 40, 30, 20, 10 points in the open competition.

The first 10 runners/walkers within each age group will receive 10, 9, 8, 7, 6, 5, 4, 3, 2, 1 points in their age group competition.

Race Drop

Scoring will be based on 6 races. If you participate in all 7 events, your lowest score will be dropped.

Note: Your age group for the Series is determined by your age in the first series event of the series, Firecracker 5k on July 4th.

At the end of the series, individuals who accumulate the most points receive awesome cash, gift certificates and prizes and are recognized by Running Zone Foundation in June 2020.

Standings

The standings after each race will be calculated and displayed on Running Zone's website at RunningZone.com/Series

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