

Meg O'Malley's PRESENTS **FIT HOMECOMING 5K RUN/WALK** <u>THURSDAY,</u> <u>October 11, 2018 AT 6:00 PM</u> *RACE IS OPEN TO THE PUBLIC!*



Proceeds Benefit FIT Cross Country!

TIMETABLE: **AMENITIES:** Run through Downtown Melbourne! Wednesday, Oct. 10th 10:00 AM - 6:30 PM Panther medallions for overall winners Packet Pickup & Registration at Running Zone Awesome Tech Shirts while supplies last (guaranteed (3696 N Wickham Rd, Melbourne FL 32935) for first **500** registrants) Thursday, Oct. 11th - Meg O'Malley's Music, drinks & food at post-race party hosted by Meg (812 E. New Haven Ave. Melbourne, FL 32901) O'Malley's! 10am-2pm Packet Pick Up at Running Zone FREE beer and food for finishers! Packet Pickup & Registration at Meg's 4:45 pm 5:45 pm Late Registration for 5K ends FEES: Until 10/10 **Race Day 10/11** 6:00 pm 5K Start!!! 5K Run/Walk \$30.00 \$35 *Awards Ceremony immediately following the race FIT Students \$20.00 \$35 FIT Faculty & Staff \$25.00 \$35 **AWARDS:** M-F: Top 3 Overall, Top Masters (40+), Top Alumni, Top Virtual 5K \$30.00 3 Teams with Most Participation, Age Groups (Top 3 M-F) SORRY, NO REFUNDS 8 & Under 9-11 12-14 15-19 80 +FIT Students must provide Student ID # for discounted rate. 20-2425-29 30-34 35-39 Save \$5 and register **ONLINE**: 40-44 45-49 50-54 55-59 https://secure.runningzone.com/Race/FL/Melbourne/FITHomecoming5K 60-64 65-69 70-74 75-79

Need help training? Visit *runningzone.com/traningprograms* for great training programs!

FIT HOMECOMING 5K OFFICIAL ENTRY FORM	RACE MANAGEMENT BY
Make check payable to: FTAA	
Send completed entry form with fee to:	KUNNING. A.
Running Zone Attn: FIT Homecoming 5K 3696 N. Wickham Rd. Melbourne, FL 32935	TONE Y
Virtual 5K: Ves No	
Name Address	C
City State Zip	
Phone (daytime) Email address	
Sex: \Box Male \Box Female Date of Birth/ Age on Race Day	
Team Name	
FIT Alumni: Yes No FIT Student ID # FIT Fac/Staff Title	
Please check shirt size: $\Box XS \Box S \Box M \Box L \Box XL \Box XXL$	
INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED	

In consideration of my entry being accepted, I intend to be legally bound, and hereby for myself, my heirs, and executors, waive all rights and claims for damages which may hereafter accrue to me against the sponsors, officials, volunteers, and supporters of this race and any representatives, successors, or assigns for any and all damages or injuries which may be sustained and suffered by me in consideration of my association with an entry or participation in the 2018 FIT Homecoming 5K event. If I should suffer injury or illness, I authorize the officials of the race to use their discretion to have me transported to a medical facility, and I take full financial and legal responsibility for this action. I attest and verify that I am physically fit and have my physician's permission to participate in this race. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, emails or any other record of this event for any purpose of the event whatsoever. I have read the above release and understand that it presents a risk of physical injury, knowing this I am entering this event at my own risk.