

13th Annual "Running on Island Time" 5K Race/Walk

Benefiting Divine Mercy Academy


Visit www.dmccs.org/5k for more information

Saturday, August 25th, 2018 **7:00 AM**

1940 North Courtenay Parkway, Merritt Island

2018 - 2019 SCR Runner of the Year (ROY) Kick-off Race
SCR Youth Series featuring 1/4 mile and 1/2 mile distances



- Electronic Timing by Running Zone
- Technical shirts guaranteed for first 350
- Door Prizes &  Post-Race Pancake Breakfast

FEES:

Early Register (postmarked 8/16): \$30
 \$5 Discount for SCR Members for Early Registration
 After 8/16 or Day of Race Registration: \$35
 Students (16 & Under): \$20
 SCR Youth Series (Register Race AM) FREE

TIMES:

Early Packet Pickup: Running Zone on 8/24 10A – 6:30P

RACE DAY 8/25:

5:30AM: Packet Pickup and Day of Registration

6:45AM: Day of Race Registration Ends

7:00AM: 5K Run/Walk Begins

8:15AM: Youth Series and Kids Fun Run Begins

*Awards to Follow Kids Run

RUNNER AWARDS:

Top 3 Overall M & F, Masters M & F,
Grand Masters M&F, Senior Grand Masters M&F

Age Groups (Top 3 M&F)

9 & under	10-14	15-19
20-24	25-29	30-34
35-39	40-44	45-49
50-54	55-59	60-64
65-69	70-74	75-79
		80+

WALKER AWARDS:

Top 3 M & F

TEAM AWARDS:

Five Fastest Team Members
Top 3 Teams

MAIL: Registration forms and payment to

Divine Mercy Academy c/o 5K Race

1940 N. Courtenay Parkway, Merritt Island, FL 32953

ONLINE REGISTRATION:

<http://secure.runningzone.com> (Opening mid-May)

Running on Island Time Official Entry Form

First _____ Last _____

Address: _____

City: _____ State: _____ Zip _____

Phone: _____ Email: _____

Date of Birth: _____ Age on Race Day: _____

Team Name (if applicable) _____

Sex (circle): Male Female Shirt Size (circle): YM YL AS AM AL AXL AXXL

Register me as a Competitive Walker per USATF Race Walking Rules. I must walk the entire 5K and will be eligible for the Top 3 Men and Women Overall Competitive Walker awards ONLY and NOT the standards Age Group Awards.

In consideration of my being accepted, I intend to be legally bound, and hereby for myself, my heirs, and executors, waive all rights and claims for damages which may hereafter accrue to me against the sponsors, officials, volunteers, and supporters of this race an any representatives, successors, or assigns for any and all damages or injuries which may be sustained and suffered by me in consideration of my association with an entry or participation in the Running on Island Time Event. If I should suffer injury or illness, I authorize the officials of the race to use their discretion to have me transported to a medical facility, and I take full financial and legal responsibility for this action. I attest and verify that I am physically fit and have my physician's permission to participate in this race. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, or any other record of this event for any purpose of the event whatsoever. I have read the above release and understand that it presents a risk of physical injury, knowing this I am entering this event at my own risk.

Signature

Signature of Parent for those under 18

Date