

Rockledge High School Presents:
**NEW YEAR
 NEW YOU 5K**



Saturday, January 6th, 2018
8:00 AM - Start
Rockledge High School
220 Raider Rd., Rockledge

Race Amenities:

- **Cotton Race Shirt**
 - *Guaranteed if registered by 12/18/17*
- **Finisher medals to all participants**
- **Refreshments after the race**

Time Table:

Friday, January 5th, 2018: *Running Zone*
 (3696 N. Wickham Rd., Melbourne)
 10am-6:30pm: Early Packet Pickup and Registration

Saturday, January 6th, 2018: *Rockledge High School*
 (220 Raider Rd., Rockledge)

7:00am: Registration & Packet Pickup Opens
 7:45am: Registration & Packet Pickup Closes
 8:00am: 5K Race Start!

**Free Kids Fun Run & Awards Ceremony Following 5K*

Join us on January 6th, 2018 to kick off the New Year. The New Year, New You 5K will benefit Rockledge High School and will give you the opportunity to celebrate the New Year in a healthy way!

Race Fees:

Adult: \$30
 Child (12 and under): \$15

Sorry, No Refunds.

Awards:

M-F: Top 3 Overall, Top Masters (40+),
 Age Groups (Top 3 M-F):

8 & Under	25-29	50 -54	75-79
9-11	30-34	55 -59	80+
12-14	35-39	60 -64	
15-19	40 -44	65 - 69	
20-24	45-49	70 -74	



New Year, New You 5K

Mail entry form with fee to: *Running Zone - 3696 N. Wickham Rd., Melbourne, FL 32935*

Make check payable to: *Rockledge High School Track Boosters*

First: _____ Last: _____

Address: _____ City: _____ State: _____ ZIP: _____

Phone: _____ Email: _____

Sex: Male Female Date of Birth: ____/____/____ Age on Race Day: _____

T-Shirt Size: Youth Medium Small Medium Large XLarge XXLLarge

INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED

In consideration of my entry being accepted, I intend to be legally bound, and hereby for myself, my heirs, and executors, waive all rights and claims for damages which may hereafter accrue to me against the sponsors, officials, volunteers, and supporters of this race and any representatives, successors, or assigns for any and all damages or injuries which may be sustained and suffered by me in consideration of my association with an entry or participation in the New Year, New You 5K event. If I should suffer injury or illness, I authorize the officials of the race to use their discretion to have me transported to a medical facility, and I take full financial and legal responsibility for this action. I attest and verify that I am physically fit and have my physician's permission to participate in this race. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, or any other record of this event for any purpose of the event whatsoever. I have read the above release and understand that it presents a risk of physical injury, knowing this I am entering this event at my own risk.

SIGNATURE

SIGNATURE OF PARENT/GUARDIAN (FOR THOSE UNDER 18)

DATE