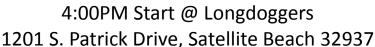


Run & ReLAX 5K

For Satellite High School Lacrosse March 19, 2016





FEES:

- Early Register (postmark by Mar 12): \$15
- Register after Mar 12 or Day of Race: \$25
- Kids Fun Run No Register: FREE
- Technical shirts while supplies last!
- Door Prizes & Post Race Refreshments

TIMES:

Name:

Mar 18: Early Packet Pickup @ LongDoggers Mar 19: RACE DAY

- 2:30 PM: Packet Pickup and Day of Registration
- 3:45 PM: Day of Race Registration Ends
- 4:00 PM: 5K Run/Walk Begins
- *Awards to Follow Kids Run

RUNNER AWARDS:

- Top 3 Overall M & F, Top Master M & F
- Age Groups (Top 3 M & F)

ge		
9 & under	10-14	15-19
20-24	25-29	30-34
35-39	40-44	45-49
50-54	55-59	60-64
65-69	70+	

MAIL: Check to Friends of Brevard Lacrosse (SHS 5K) with registration form to: Bill McLamb, 175 Martesia

Way, Indian Harbour Beach FL 32937

ONLINE: http://www.fblacrosse.com Click Donate Must list SHS-5K and runner's name in the PayPal comment section

Run & ReLAX 5K Run/Walk - Official Entry Form

Address:			Walker 🗆	Runne	er 🗆				
City:		State:							
Phone:			Email:						
Date of Birth	:	Age on Race Day:							
Sex (circle):	Male	Female	Shirt Size (circ	le): YN	1 YL A:	S AM	AL	AXL	AXXL
which may hereafter a any and all damages of on Island Time Event. I facility, and I take full f participate in this race	ccrue to me a r injuries whic If I should suff financial and lo . I hereby grar event whatso	gainst the sponsors, of h may be sustained and er injury or illness, I au egal responsibility for t It full permission to and	y bound, and hereby for myself, m ificials, volunteers, and supporters d suffered by me in consideration of thorize the officials of the race to u his action. I attest and verify that I y and all of the foregoing to use an bove release and understand that	of this race a of my associa use their disc am physical ny photograp	an any represtation with a contraction to had lightly and had lightly been and had lightly been and lightly	esentatives, n entry or p ave me tran ve my phys pes, or any	, succe particip isporte iician's other	essors, or pation in ed to a mage a permiss record or	r assigns for the Running nedical sion to of this event
Signature			Signature of Parent fo	nt for those under 18 Date					<u> </u>