34th Anniversary of the Downtown Melbourne 5K Run and Walk

Saturday, March 26, 2016

A Space Coast Runners' *Runner of the Year* Event

Proceeds benefit THE HAVEN

Start Times

Women 7:30 AM * Men 8:15 AM * Youth Series 9:00 AM * Awards 9:15 AM

Location

Starts on Municipal Lane at East New Haven Ave. This USATF *(FL94005DL)* certified course loops twice through historic downtown Melbourne. Men and women run separate races. The race benefits The Haven, a shelter for abused, abandoned and neglected children.

Space Coast Runners Youth Series

The Space Coast Runners Youth Series aims to include youth in organized runs so as to encourage participation and interest in running and fitness. There will be no charge for these runs, but parents will be required to sign a waiver for their children to participate on the morning of the race. Distances: 1/4 mile, 1/2 mile, & 1 mile.

Awards

Male-Female: Top 3 Overall, Top Masters (40+), Top 3 Teams-Each Race

Age Groups (top 3 male & female)

10 & Under	25-29	45-49	65-69	85+
11-14	30-34	50-54	70-74	
15-19	35-39	55-59	75-79	
20 -24	40-44	60-64	80-84	

Race Management by:

School Challenge *NEW THIS YEAR*

- Prize for school with most participation!

Open Team Challenge

- All teams must have a minimum of 4 members. All teams must be all male or female due to each race being gender specific.

Registration

- Online at *http://secure.runningzone.com* ending March 24th at 11:59 pm
- In Person at Running Zone on Wickham Road (between Parkway and Post Road)
- Checks payable to **The Haven**
- By mail to Running Zone (3696 N Wickham Road, Melbourne, FL 32935)
- Race day Downtown Melbourne at Municipal Lane- beginning at 6:30AM

Packet Pick-Up

- Friday, March 25th from 10:00 am to 6:30 pm At Running Zone (3696 N Wickham Road, Melbourne, FL 32935)
- Race day- Downtown Melbourne at Municipal Ln beginning at 6:30AM

Information

- Frank Webbe * 321-674-8104 Days * Email: webbe@fit.edu

2016 DOWNTOWN MELBOURNE 5K OFFICIAL ENTRY FORM

Fees: **$25 until March 24th**
$20 for students 18& Under until 3/24
($24 for SCR & Gecko Club Members til 3/24)
$30 March 25th & Race Day

_____ _____
Last Name (Please print) First Name

_____ _____ _____ _____ _____-_____-_____
Address City State ZIP Code Telephone

_____ ____/____/_____ _____ M__ F__ S__ M__ L__ XL__ Y__ N__
Email Date of Birth Age on Race Day Gender T-shirt Size Space Coast Runners Member?

Open Team Challenge Name _____ (if applicable, see above for details)

School Affiliation _____

I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I grant permission to all of the foregoing to use any photographs, motion pictures, and recording, or any other record of this event for any legitimate purpose. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Space Coast Runners, Running Zone Race Management, Inc., the City of Melbourne and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I have read the above release and understand that I am entering this event at my own risk.

_____ _____ _____
SIGNATURE SIGNATURE OF PARENT FOR THOSE UNDER 18 DATE