34th Anniversary of the Downtown Melbourne 5K Run and Walk Saturday, March 26, 2016



A Space Coast Runners' Runner of the Year Event



A run for the children

Proceeds benefit THE HAVEN

Start Times

Women 7:30 AM * Men 8:15 AM * Youth Series 9:00 AM * Awards 9:15 AM

Location

Starts on Municipal Lane at East New Haven Ave. This USATF *(*FL14017EBM*)* certified course loops twice through historic downtown Melbourne. Men and women run separate races. The race benefits The Haven, a shelter for abused, abandoned and neglected children.

Space Coast Runners Youth Series

The Space Coast Runners Youth Series aims to include youth in organized runs so as to encourage participation and interest in running and fitness. There will be no charge for these runs, but parents will be required to sign a waiver for their children to participate on the morning of the race. Distances: 1/4 mile. 1/2 mile. & 1 mile.

Awards

Male-Female: Top 3 Overall, Top Masters (40+), Top 3 Teams-Each Race Age Groups (top 3 male & female): 10 & Under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85+

School Challenge *NEW THIS YEAR*

New to the Downtown Melbourne 5K this year is a **School Challenge**. All children under the age of 18 may register for a special reduced fee of \$20. The School (public or private) that has the most registrations for the 5K will earn a special award to be presented at the results following the races.

Open Team Challenge

Not new but still topical, open team competitions will be held, with four individuals comprising a team. In addition to a trophy for the overall male and female team winners, the four scoring members of the winning teams will earn a complimentary entry to the 2017 race.

Registration

- Online at *http://secure.runningzone.com* ending March 24th at 11:59 pm
- In Person at Running Zone on Wickham Road (between Parkway and Post Road)
- Checks payable to **The Haven**
- By mail to Running Zone (3696 N Wickham Road, Melbourne, FL 32935)
- Race day Downtown Melbourne at Municipal Lane- beginning at 6:30AM

Packet Pick-Up

- Friday, March 25th from 10:00 am to 6:30 pm At Running Zone (3696 N Wickham Road, Melbourne, FL 32935)
- Race day- Downtown Melbourne at Municipal Ln beginning at 6:30AM

Information

• Frank Webbe * 321-674-8104 Days * Email: webbe@fit.edu

2016 DOWNTOWN MELBOURNE 5K OFFICIAL ENTRY FORM				Fees:	 \$25 until March 24th \$20 for students 18& Under until 3/24 (\$24 for SCR & Gecko Club Members til 3/24) \$30 March 25th & Race Day 			
Last Name (Please print)		First Name						
Address		City	<u>s</u>	State	ZIP Code	Telephon	ie	-
Email	/_/ Date of Birth	Age on Race Day	M F Gender		M L -shirt Size		Y ast Runne	N rs Member?
Open Team Challenge Name	(if applicable, see above for details)							

School Affiliation _

SIGNATURE

Race Management by:

I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I grant permission to all of the foregoing to use any photographs, motion pictures, and recording, or any other record of this event for any legitimate purpose. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Space Coast Runners, Running Zone Race Management, Inc., the City of Melbourne and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I have read the above release and understand that I am entering this event at my own risk.