

# 7<sup>th</sup> Annual Eagle Pride 5K & 1 Miler



**Saturday, September 17th, 2016 at 7:30 am**  
**Ascension Catholic School**

(Corner of Parkway & US 1, 2950 N. Harbor City Blvd., Melbourne, FL 32935)

To Benefit: Ascension Athletics

**GRAND PRIZE Regions Bank Green Bike and Helmet!!**

\* T-Shirts \*\$1,000 worth of prizes \*Free Kids Run \*Child care provided

## Timetable

**Friday, September 16th: 10am – 6:00 pm**

**Packet Pick-up & Registration at Running Zone**

(Across from Eastern Florida State College on Wickham Road)

**Saturday, September 17th:**

**Ascension Catholic School**

6:00 am Packet Pickup & Race Day Registration

7:15 am Late Registration ends

7:30 am 5K Start

8:45 am 1 Mile Starts

9:00 am Kid's Run (7yrs/under) **FREE**



**Awards & Door Prizes immediately following all races**

## Awards: 5K

Male and Female: Top 3 Overall,  
Top Masters (40+), Age Groups (Top 3 M&F):  
8 & Under, 9-11, 12-14, 15-19, 20-24, 25-29, 30-34,  
35-39, 40-44, 45-49, 50-54, 55-59,  
60-64, 65-69, 70-74, 75+

## Awards: 1 Mile

Top 3 M&F in age groups: 11 & U, 12-19, 20+

## Registration Fees

5K Adult (including race day)	\$25
5K Kids (16 yrs. & Under)	\$20
1 Mile (with T-Shirt)	\$15
1 Mile (No T-Shirt)	\$10

SORRY, NO REFUNDS

Questions: Contact Heather Haley, [ascensioneaglepride@gmail.com](mailto:ascensioneaglepride@gmail.com)

## EAGLE PRIDE 5K & 1 Miler – Official Entry Form

Make Check Payable to: **Ascension Catholic School (memo: Eagle Pride 5K)**

Mail Complete Form and Check to: Ascension Catholic School, c/o Eagle Pride 5K Race  
2950 N. Harbor City Blvd., Melbourne, FL 32935

First \_\_\_\_\_ Last \_\_\_\_\_

☐ 5K

☐ 1 Mile

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (daytime) \_\_\_\_\_ ☐ Male ☐ Female

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age on Race Day \_\_\_\_\_

Shirt Size (circle): YM YL AS AM AL AXL AXXL

**Ascension Students only:**

**Grade & Teacher:** \_\_\_\_\_

### INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED

In consideration of my entry being accepted, I intend to be legally bound, and hereby for myself, my heirs, and executors, waive all rights and claims for damages which may hereafter accrue to me against the sponsors, officials, volunteers, and supporters of this race and any representatives, successors, or assigns for any and all damages or injuries which may be sustained and suffered by me in consideration of my association with an entry or participation in the Ascension Catholic Eagle Pride event. If I should suffer injury or illness, I authorize the officials of the race to use their discretion to have me transported to a medical facility, and I take full financial and legal responsibility for this action. I attest and verify that I am physically fit and have my physician's permission to participate in this race. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, or any other record of this event for any purpose of the event whatsoever. I have read the above release and understand that it presents a risk of physical injury, knowing this I am entering this event at my own risk.

SIGNATURE \_\_\_\_\_

SIGNATURE OF PARENT FOR THOSE UNDER 18 \_\_\_\_\_

DATE \_\_\_\_\_