

RED CARPET RUN HALF, 5K & 10K 2020 COVID-19 SAFETY PROTOCOLS

Overview

We are excited about this year's Red Carpet Run Half 5K & 10K. This document outlines detailed plans based on industry best practices on how Running Zone Foundation will support and provide a safe environment for participants, spectators, volunteers and staff during this year's Red Carpet Run Half 5K & 10K.

Location of Event and Course Design:

Cocoa Riverfront Park is a large outdoor facility that we can easily spread out before and after the race so safe social distancing guidelines can be maintained.

Start Line Approach: We will start at 6:30 for all events so masks will be required to be worn in the start line area. Mask may be removed once you begin and allows for social distancing. The start corral will be spread out all along Brevard Ave. so please wear a mask as well as apply social distancing in the start area.

Packet Pickup & Registration: Packet pickup will be offered at Running Zone from Tuesday through Saturday the week prior to the race. **Masks will be required during packet pickup. No packet pickup or registration will be allowed on race morning.** This eliminates a touch point between volunteers and participants as well as congregating in these two areas on race morning.

Aid / Fluid Stations:

We encourage everyone to bring their own fluids/gels during the event. We will only hand out bottled water/sports drink at aid stations on the course and at the race site finish line and volunteers will wear gloves/masks. We will have aid stations every **2 miles** for all events.

Spectator Guidelines: Spectators are a highlight of race day, but also create an additional opportunity for crowding. We would like to ask that spectators not to be around the start or finish areas as well as food and drink areas. We will have volunteers and staff assigned to help enforce the social distancing guidelines throughout the morning for both participants and spectators.

Finish Line Flow: Racers tend to want to STOP at the end of a race...but moving quickly through the finish area will help eliminate slow-downs. We will have volunteers/staff at the finish line to help facilitate moving quickly through the finish line area into the race site areas. We will also eliminate handing out finisher medals at the finish line and will provide the finisher medals in the race packets. Any other amenities will be offered away from the immediate finish line to help spread things out.

Awards / Results: We will only post results electronically on our website during and after the race and we will not have an awards presentation at the race site. Award winners can pick up their awards at the Award Tent in front of the stage. Any awards not picked up on race day will be available at Running Zone or mailed after the race if it is requested by email.

Food & Drink Handling: All food provided after the race will be distributed in sealed packaging when applicable (i.e.fruit). Drinks will be distributed in sealed containers. Beer will be distributed by volunteers on tables after being poured to reduce any touch points.

Everything will be distributed via volunteers wearing gloves and protective face coverings.

Summary: The above safety protocols and precautions will minimize the risk of exposure to COVID-19. With these additional safety measures in place, we feel we can safely hold this year's Red Carpet Run Half 5K & 10K. We ask your cooperation in following all of the above safety protocols and hope you elect to join us at this year's Red Carpet Run Half 5K & 10K on October 4th.