

# Meg O'Malley's PRESENTS FIT HOMECOMING 5K RUN/WALK

# THURSDAY,

# November 2<sup>nd</sup>, 2017 AT 6:00 PM

# RACE IS OPEN TO THE PUBLIC!

Proceeds Benefit FIT Cross Country!



### **TIMETABLE:**

Wednesday, Nov. 1<sup>st</sup> 10:00 am – 6:30 pm Packet Pickup & Registration at Running Zone (3696 N Wickham Rd, Melbourne FL 32935)

# Thursday, Nov. 2<sup>nd</sup> - Meg O'Malley's

(812 E. New Haven Ave. Melbourne, FL 32901)

10am-2pm Packet Pick Up at Running Zone

4:45 pm Packet Pickup & Registration at Meg's

5:45 pm Late Registration for 5K ends

6:00 pm 5K Start!!!

\*Awards Ceremony immediately following the race

## **AWARDS:**

M-F: Top 3 Overall, Top Masters (40+), Top Alumni, Top 3 Teams with Most Participation, Age Groups (Top 3 M-F)

9-11	12-14	15-19	80
25-29	30-34	35-39	
45-49	50-54	55-59	
65-69	70-74	75-79	
	25-29 45-49	25-29 30-34 45-49 50-54	25-29 30-34 35-39 45-49 50-54 55-59

#### **AMENITIES:**

- Run through Downtown Melbourne!
- Panther medallions for overall winners
- Awesome Tech Shirts while supplies last (guaranteed for first 500 registrants)
- Music, drinks & food at post-race party hosted by Meg O'Malley's!
- FREE beer and food for finishers!

FEES:	<b>Until 11/1</b>	Race Day 11/2
5K Run/Walk	\$30.00	\$35
FIT Students	\$20.00	\$35
FIT Faculty & Staff	\$25.00	\$35

*Virtual 5K* \$30.00

#### SORRY, NO REFUNDS

FIT Students must provide Student ID # for discounted rate.

Save \$5 and register **ONLINE**:

https://secure.runningzone.com/Race/FL/Melbourne/FITHomecoming5K

Need help training? Visit runningzone.com/traningprograms for great training programs!

FIT HOMECOMING 5K OFFICIAL ENTRY FORM	RACE MANAGEMENT BY
Make check payable to: FTAA	
Send completed entry form with fee to:	KUNNING.
Running Zone Attn: FIT Homecoming 5K 3696 N. Wickham Rd. Melbourne, FL 32935	
Virtual 5K: ☐ Yes ☐ No	
Name Address	
City State Zip	
Phone (daytime) Email address	
Sex: ☐ Male ☐ Female Date of Birth// Age on Race Day	
Team Name	
FIT Alumni:   Yes   No FIT Student ID # FIT Fac/Staff Title	>
Please check shirt size: $\Box XS  \Box S  \Box M  \Box L  \Box XL  \Box XXL$	

## INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED

In consideration of my entry being accepted, I intend to be legally bound, and hereby for myself, my heirs, and executors, waive all rights and claims for damages which may hereafter accrue to me against the sponsors, officials, volunteers, and supporters of this race and any representatives, successors, or assigns for any and all damages or injuries which may be sustained and suffered by me in consideration of my association with an entry or participation in the 2017 FIT Homecoming 5K event. If I should suffer injury or illness, I authorize the officials of the race to use their discretion to have me transported to a medical facility, and I take full financial and legal responsibility for this action. I attest and verify that I am physically fit and have my physician's permission to participate in this race. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, emails or any other record of this event for any purpose of the event whatsoever. I have read the above release and understand that it presents a risk of physical injury, knowing this I am entering this event at my own risk.

SIGNATURE	SIGNATURE OF PARENT FOR THOSE UNDER 18